# Meet the 2019 Board: Nurses for Single Payer Officers



## NFSP President Carole Most MN, WHCNP (retired)

Now retired, I entered nursing with an associate degree in 1976. I began as an L&D nurse and eventually got my Masters in Nursing at OHSU and Women's Health Care NP in 1985. Much of my NP career was spent at the VA: a government-funded, single payer health care program for veterans. I believe health care is human right and I want to help in this struggle to achieve universally, publicly funded healthcare in our state and our country. I'm not a policy wonk or a brilliant speaker. But I'm trying my best to move this cause forward. Onward!

#### NFSP Vice President J.R. McLain

J.R. McLain is an ER nurse at Providence Portland Medical Center. He serves on the Board of Directors of the Oregon Nurses Association. He is also the current president of ONA CA 1, and the vice chairman of ONA's Strategic Planning Committee. J.R. was awarded the Political Nurse Advocacy award from ONA in 2016. He joined Nurses for Single Payer because he believes that healthcare is a human right, and that everyone should have quality healthcare.





# NFSP Secretary Robin Tarter

Robin Tarter is a PhD Student in the OHSU School of Nursing. Her research in critical gerontology focuses on the experiences of families from marginalized backgrounds facing terminal illness. In her work in ICU and hospice nursing, Robin saw how a lack of universal, integrated, evidence-based health care negatively impacted the lives of her patients, and perpetuated inequity and trauma across generations. Robin joined Nurses for Single Payer to be part of a national movement to put care back into healthcare, and sees the fight for Single Payer as an intrinsic part of all nurses' central duty of advocacy.

#### **NFSP Treasurer Tom Sincic**

Tom has served as the Health Care for All Oregon President since 2017. Tom holds an MSN in Community Health Nursing from Yale University, and served as a Family Nurse Practitioner for 36 years, working with diverse communities in rural areas, with the Saginaw Chippewa Tribe, in corrections health, and in school-based health clinics serving individuals and families of every background. Fighting for people to receive access to the care they need has been the consistent theme of this work. Now this effort is placed in advancing the mission of HCAO both at the State and Federal level. Tom is an Oregon Nurses Association member and strongly believes that nurses can lead the way.



# 2019 NFSP Board Members



## **NFSP Board Member Betsy Zucker**

Betsy is a retired family nurse practitioner, who began her NP career in primary care. For 15 years, she worked in hepatology at the Portland VA - and learned how great it was to take care of patients in a comprehensive, publicly funded healthcare system. She has been passionately involved with the single payer movement for years and considers nurses' voices as critical in this fight. Betsy is also a union activist, involved with AFGE, her local union, Portland Jobs with Justice, and the labor caucus of HCAO (Health Care for All Oregon).

## **NFSP Board Member David Young**

David is a retired RN, and a diploma graduate of Kentucky Baptist Hospital School of Nursing. He served his entire career as an OR nurse in Oregon's small, medium, and large hospitals. He is a member of Portland Jobs with Justice healthcare committee, and charter member of HealthCare for All-Oregon and Nurses for Single Payer, as well as a frequent participant in Labor Campaign for Single Payer conferences. He writes, "as nurses, the public gives us respect, admiration, and credibility. Let us all engage that public to bring high quality healthcare to everyone at a price that we can afford...not pie in the sky stuff. Many others have done it, we can also."





# **NFSP Board Member Kathy Birch**

Kathy has been a dedicated member of Nurses for Single Payer for many years, including a long stint as Board Secretary. She writes: "retired from paid work but once an RN, always seeing people and their families through that lens."

#### **NFSP Board Member Lea Sanders-Wilcox**

Lea Sanders-Wilcox, RN, BSN, works as a Professional Practice Consultant at Kaiser Permanente, and has also held positions as lead RN and in critical care. She is enrolled in an MBA health administration program at OHSU, and has a background in graphic design as well. Lea has been involved with NFSP since 2018.





#### NFSP Board Member Maureen Andersen

Maureen Andersen is an RN and IBCLC at OHSU working on the labor and delivery and mother/baby units. She is a CNM and DNP student also at OHSU and will finish her degrees in 2022. In her spare time she enjoys playing with her toddler and watching British baking shows.

### **NFSP Board Member Nancy Sullivan**

I was a nurse-midwife for many years in NY and at OHSU: I have been retired for eight years. I have lived in Morocco (Peace Corps) and in Paris, New York City, Austin and Houston, and in Portland for the past 26 years. After retiring, I went to Baglung, Nepal for four years to work with hospital staff nurses training village nurses to become Skilled Birth Attendants. Since then, I have spent many hours working to realize universal, single-payer health care with NFSP, Physicians for a National Health Program, and Health Care for All Oregon. Having experienced government-sponsored and regulated health care in France, where my son was born, and even in Nepal, I came to understand that all Americans need this as well. I have three wonderful children and three wonderful grandchildren.





#### **NFSP Board Member Rachel Prusak**

Rachel Prusak, FNP, is a member of the Oregon House of Representatives, elected in 2018 to HD 37, serving West Linn, Tualatin, parts of Lake Oswego, and the Stafford area. She now sits on the House Committee on Health Care in the Oregon Legislature. Rachel has been a nurse in a variety of settings for over 20 years, and currently cares for frail homebound patients. She has been an active member of ONA, and is a previous vice president of NFSP. Rachel is a strong single payer supporter, and believes that nurses must be advocates for our patients as well as the broader community.